

December 2007

Dear TRICARE Beneficiary:

You are receiving this letter to inform you of recent changes to the Department of Defense (DoD) TRICARE Uniform Formulary. On October 17, 2007 the Director, TRICARE Management Activity, approved recommendations of the DoD Pharmacy and Therapeutics (P&T) Committee for the following drug classes: Newer antihistamines and leukotriene modifiers.

DoD P&T Committee has selected the most clinically effective and cost-effective agents for formulary status and designated others as non-formulary (Tier 3). Your medication history indicates that you are taking at least one of the non-formulary (Tier 3) medications listed below.

Copays Changes Effective January 16, 2008

Non-Formulary (Tier 3) Medications	Formulary Alternatives
Newer Antihistamines	
<i>Copay = \$22</i> Clarinex Clarinex D	<i>Copay = \$3</i> Fexofenadine <i>(generic Allegra)</i> <i>Copay = \$9</i> Semprex-D Allegra-D Zyrtec Zyrtec-D
Leukotriene Modifiers	
<i>Copay = \$22</i> Zyflo	<i>Copay = \$9</i> Singulair Accolate

Non-formulary (Tier 3) medications remain available to you, but at a higher copay of \$22 (unless you are on Active Duty). Since Active Duty members do not pay copays, non-formulary products are available only when they are determined to be medically necessary. **We encourage you to talk to your health care provider about using one of the formulary agents.**

(over)

Would you like to save even more money? The TRICARE Mail Order Pharmacy (TMOP) home delivery offers you a three month supply for the cost of a one month supply at a retail pharmacy. Using TMOP also lowers costs for DoD, which helps sustain your benefit. It's easier than ever to switch! Just call the Member Choice Center at (877) 363-1433 or log onto the Web site at www.express-scripts.com/TRICARE and your eligible prescriptions will be delivered right to your home.

Additionally, if you are currently taking one of the newer antihistamines, you are eligible to receive loratidine or loratidine-D over-the-counter (OTC) medications free from either retail or mail order. For more information on how to participate in OTC demonstration program, please contact (866) 363-8779.

Sincerely,

A handwritten signature in black ink, appearing to read "Elder Granger", with a long horizontal flourish extending to the right.

Elder Granger
Major General, MC, USA
Deputy Director